



10 TIPS FOR A SUCCESSFUL MOVE - GET ORGANIZED!

CATEGORIZE YOUR PERSONAL BELONGINGS

This is the largest and most important event in a successful senior move.

- Identify the items that you definitely want to keep.
- Select which belongings will go to members of the family.
- Decide what will be donated, or set aside for an estate sale, consignment shop, or organization of your choice.

PARE DOWN

Even if you're not planning to move for another year, it's never too early to pare down. Start small with a dresser or kitchen drawer, and then to what's "behind closed doors", such as closets and/or cabinets. Gradually, tackle the larger areas such as an attic, basement, or garage.

MAKE LISTS

Maintain lists of what you want to do with everything; this will keep you focused and organized. You'll be able to reflect on your thinking more easily, as well.

DECLUTTER

Paperwork can stack up on a desk or fill a file cabinet. Simplify and keep only what's essential. Sometimes placing a box in each room to put in unwanted items is helpful.

TAKE A BREAK

If you've lived in a home for nearly 50 years, or less than 10, preparing for a move can be a daunting, overwhelming, and emotional experience. Give yourself time to rest between tasks.

ENCOURAGE FAMILY MEMBERS OR FRIENDS TO BE INVOLVED.

Input from family members and close friends may bring you some added value with your decision-making. Collaborative efforts often help to get organized and/or move items from one place to another.



Cincinnati Senior Connection Foundation

Be Educated. Be Empowered.

MUST DOS

Two weeks before the move date, be sure to forward your mail, phone, and cable service. One week before, mark everything that is to be moved with a post-it note. This makes the items easy to identify for the movers and maintains efficiency.

VALUABLES AND MEDICATIONS

Keep all important documents and valuables (such as jewelry or medications) in one place. I recommend using a tote bag that is easy to carry. You will have peace of mind if you know exactly where they are.

SAFETY

Move day is stressful for anyone. I recommend that only one person be present at the residence with you to help answer any additional questions. Less people present on move day begets a more seamless transition.

ENJOY!

Make plans to go out for breakfast, shop, or see a movie on the moving day! Leave the hard work to the movers; when you arrive at your new home you will be able to relax and enjoy your new home.